



Effective October 1, 2026

ALL travelers arriving in Mainland Tanzania, by air, land or sea, are required to possess and present a **valid, government-mandated NIC inbound travel insurance**. The policy will provide coverage for emergency medical expenses, medical evacuation, repatriation, and loss of baggage for stays of up to 92 days, including multiple entries into Mainland Tanzania and Zanzibar during that period.

***Exception: residents of East African Community Partner State or Southern African Development Community Partner States)

Insurance can be purchased prior to travel (recommended) or on arrival.

Click here for the official form: [Mandatory Inbound Travel Insurance - Visit Tanzania](#)

***NIC issues a digital certificate and/or printed that must be presented upon arrival for verification and validation of the policy.

Insurance cost:

The premium is Tanzanian Shillings equivalent to **USD 44**

1. You cannot directly pay in USD. The system will convert the USD into TZS (shilling) for processing
2. Non-refundable except for specific cancellation cases

Payment methods:

1. Online payment using visa or master card
2. Payment on arrival at designated NIC and NMB counter at entry points

Validity: up to 92 days from date of arrival

Coverage Plans: Individual (1-2 persons), Family (3-9 persons) and Groups (10-100 persons).

Discounts available – refer to C&P's ([NIC Inbound Travel Insurance Presentation.pdf](#))

Easy steps: [Mandatory Inbound Travel Insurance - Visit Tanzania](#)

1. Select your coverage plan
2. Enter your personal information (passport information, travel dates, purpose of visit and basic personal details)
3. Review and payment

FOR FAQs: [Frequently Asked Questions \(FAQs\) - Tanzania Mandatory Inbound Travel Insurance | NIC Inbound Travel Insurance](#)

